

Trauma, Attachment & Child Sexual Exploitation: Level 3

This one day **CPD accredited** course explores Trauma and Attachment and how it relates to Child Sexual Exploitation (CSE). The highly popular training offers a comprehensive overview on how trauma and/or insecure attachments can manifest relating to CSE victims (those vulnerable to and those actually exploited), accounting for the complex range of different experiences of exploitation and trauma. It also includes a specialist session dedicated to exploring the impact of Vicarious Trauma on professionals, which is always highly valued by our delegates. The course draws upon our trainer's extensive, relevant frontline experience of supporting young people affected by CSE and her work as a counsellor.

Who is this course aimed at?

This course assumes a working knowledge of young people and CSE and is aimed at practitioners with experience of working with young people who have been affected by CSE. This can include: *Teachers, Social Workers, Counsellors, Foster Carers and Adoptive Parents, Care Workers, Youth Workers, Health Professionals, Police, and any other roles working directly with victims of CSE.*

What the course covers:

- The impact of abuse and trauma on a young person physically and mentally
- Different attachment styles and the consequences for a young person
- Exploring the long and short-term effects of trauma, including an in-depth overview of the impact of trauma on brain development
- How understanding trauma and attachment styles can change practices when working with children affected by CSE
- Understanding, recognising and managing vicarious trauma for practitioners

This course can be offered as an Open Course or as bespoke to your organisation. It is now also available as an online training.

In-Person Training Time: 9:30 – 4:30 (full day)

Online Training Time: 10-3.30

'Great training! Trainer's kept us enthralled and her expertise was inspirational.' **Leeds City Council**

'A lovely, friendly approach to a difficult subject. I felt safe during the training and reassured by the support available afterwards.' **Online Open Course Attendee**

Please contact info@basistraining.org.uk for more information.